**1. Introduction　←Times New Roman，10.5pt，Bold**

The first line of a paragraph should be indented five spaces.

**2. Format the page**

21 characters × 43lines, 2columns

**3. Section Title ＆ Figures and Tables**

**3.1 Section Title ←Times New Roman，10.5，Bold**

**3.1.1 Subsection Title ←Times New Roman，10.5，Bold**

Align

＊ DAISU, Taro←Family name, Given name

　 〇〇Elementary School

\*\* KIKA, Jiro

○○University ←Only Univ. name

**3. 2 Format the Figure**

Figure 1　＊＊＊＊＊＊＊＊

↑(10.5-point Times New Roman, center)

Be sure to include a description of Figure 1 in the text. Example: Figure 1 shows ＊＊＊.

**3. 3 Format the Table**

Be sure to include an explanation of Table 1 in the text. Example: Table 1 represents ＊＊＊.

↓ (10.5-point Times New Roman, center)

Table 1　＊＊＊＊＊＊＊＊＊＊

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**4. Citation Method**

**4. 1 Direct citation**

Matsuno（2001, p.129）noted, “＊＊＊”.

↑One author

Matuno and Yamada （2001, pp.12-19）noted, “＊＊＊”.

↑Two authors

Matsuno et al., (2001, p.1) noted, “＊＊＊”.

↑Three or more authors

*Point: ‘p.’ for a single page, and ‘pp.’ for a range.*

**4. 2 Paraphrasing**

Matsuno（2001a）noted that ＊＊＊.

　↑Initial display

The study is ＊＊＊(Matusno, 2001b).

↑End of sentence

*Point: More than one source by the same author, with the same publication year, add letters a, b, c, d, etc. behind the year.*

The result is ＊＊＊(Takahashi and Yamada, 1998; Matsuno, 2001a; Miyake, 2022c; Kawabata et al., 2023).

　↑Multiple citations

*Point: ';' between different papers*

**5. Publication**

Published twice a year (September and March)

**References (alphabetical order)** **←Times New Roman，10.5pt，Bold**

↓Times New Roman，9pt

【Papers】

Burgess, P. W., Dumontheil, I., & Gilbert, S. J. (2007). The gateway hypothesis of rostral prefrontal cortex (area 10) function. *Trends in Cognitive Sciences, 11*(7), 290-298. <https://doi.org/10.1016/j.tics.2007.05.004>

Duncan, J. (2001). An adaptive coding model of neural function in prefrontal cortex. *Nature Reviews Neuroscience,* *2*, 820-829.　 <https://doi.org/10.1038/35097575>

Hatano, G., & Osawa, K. (1983). Digit memory of grand experts in abacus-derived mental calculation. *Cognition,* *15*(1-3), 95-110. <https://doi.org/10.1016/0010-0277(83)90035-5>

Ishii-Takahashi, A., Takizawa, R., Nishimura, Y., Kawakubo, Y., Kuwabara, H., Matsubayashi, J., Hamada, K., Okuhata, S., Yahata, N., Igarashi, T., Kawasaki, S., Yamasue , H., Kato, N., Kasai, K., & Kano, Y. (2014). Prefrontal activation during inhibitory control measured by near-infrared spectroscopy for differentiating between autism spectrum disorders and attention deficit hyperactivity disorders in adults. *NeuroImage: Clinical, 4*, 53-63. <https://doi.org/10.1016/j.nicl.2013.10.002>

Miyake, A., Friedman, N. P., Emerson, M. J., Witzki, A. H., Howerter, A., & Wager, T. D. (2000). The unity and diversity of executive functions and their contributions to complex “frontal lobe” tasks: A latent variable analysis. *Cognitive Psychology,* *41*(1), 49-100. <https://doi.org/10.1006/cogp.1999.0734>

【Books】

George, A. L., & Bennett, A. (2005). *Case studies and theory development in the social sciences*. MIT Press.

Jaeggi, S. M., & Buschkuehl, M. (2012). Training working memory. In T. Packiam Alloway & R. G. Alloway (Eds.), *Working memory: The connected intelligence*. Psychology Press.

Wechsler, D. (2021). (Translated and Edited by the Japanese WISC-V Publication Committee). *Nihonban WISC-V zisshi·saiten manual [Implementation and scoring manual for the Japanese version of the Wechsler intelligence scale for children*]. Nihon Bunka Kagakusha Co., Ltd.

【Web】

World Health Organization (WHO)‎. Health promotion glossary of terms 2021. https://apps.who.int/iris/handle/10665/350161（Accessed 10 January 2020.）